



# Weekly Recap

May 20 - 24, 2019

Journeys



## YOGA, MINDFULNESS AND MORNING MEETING

***Ms. Lorelei***

The students continued leading their safety promises, performed their safekeeper rituals and well wishes. We stretched with yoga flows and practiced positive affirmations. This week we also explored the book *Ish* about not doing things quite perfectly and how that's okay!

During the week, we had community meetings regarding bringing in toys from home. After an incident with a lost and broken toy, the class discussed how it isn't safe to bring in items from home, especially if they are not helpful to us during the day. We talked about how bringing in items from home take away from time meant to be spent with special school items. The class voted to keep toys at home. Please help us abide by this new class norm!

## PROJECT BASED LEARNING

***Ms. Lorelei***

The SPCA came in for a special class visit and brought two adopted dogs with them. It was amazing to hear how much they help the community and animals in need. Did you know the SPCA currently has about 300 cats without homes right now? That's an incredible number; it really opened the children's eyes (and my own) to just how important it is to spay and neuter cats and dogs.

We worked hard planning, building and preparing for our end of the year exhibition. The children are very excited to share what they have been working on and learning all year long!

## INTERDISCIPLINARY MATH AND SCIENCE

***Ms. Lorelei***

This week was all about data collection. Students brainstormed different animals that could be pets and set out to interview the students and adults at the EcoSchool. We learned that seven people have dogs as pets, 3 have cats and one person has a guinea pig! We analyzed the data and did some comparing. We also explored different math and science centers and many completed bridges.

## SCIENCE LAB

***Ms. Rachel***

This week in science lab we made a noodle rocket with hydrogen peroxide, yeast, a mason jar, and a noodle. The boys got to learn about exothermic chemical reactions through this and making elephant toothpaste which used the same ingredients.

## FARM & GARDENING

***Ms. Rachel***

This week in our garden art class we painted bugs on rocks for our mini-gardens. After we finished with our bugs we ended up painting the entire picnic table which came out beautifully!

## SOCCER SHOTS

***Coach Russ***

This week in Soccer Shots we learned a move called shielding as well as how to juggle a soccer ball. We played some fun games, like germ tag and knock out, to work on our shielding. In addition to those games, we also played some sharks and minnows to warm up and knights and dragons to keep working on our trying to score on goalies. At the end of the sessions, we then scrimmaged for a little bit.

## MUSIC

***Ms. Sarah***

In music this week we continued our Carnival of the Animals project with the movement, "Aquarium." We also practiced our body percussion and sharpened our hand-eye coordination skills with the game "chief"!

## STORYTELLING WORKSHOP

***Ms. Lorelei***

The stories are getting so exciting! Each student works on crafting stories with clear problems and solutions. When students share their work, they give each other suggestions and compliments as specific feedback. They love to share their work! Many students who began this course dictating their stories are now writing and spelling independently!