



# Weekly Recap

January 28 - February 1, 2019  
Journeys

**Monday, January 28**

**YOGA, MINDFULNESS AND MORNING MEETING**

***Ms. Lorelei***

***All***

The children completed their special morning jobs to review how to be safe! We played a game and did some stretches.

**LITERACY**

***Ms. Lorelei***

We read a big book about a window flower garden in a big city. Students selected literacy choice centers while I pulled groups working on phonemic awareness and building words with short vowels. Then the students practiced writing in their journals.

**MATH**

***Ms. Lorelei***

We found sticks to measure and order from smallest to largest as a class. Then students individually found items in the classroom to order and record in their math notebooks.

**PBL**

***Ms. Lorelei***

We prepared for our Garden Party by creating invitations!

**ART ATELIER**

***Ms. Natalia***

For Atelier we worked on making blue prints for our future Recycle Bot. I had the students draw out their plan with a marker using only shapes to construct their robot. They then used scrap construction paper to collage together shapes for their robot. They focused on cutting shapes similar to the size of their robot and then pasting that on top. We hope to use these plans for our future recycle bot once we have more materials.

**ENTOMOLOGY**

***Ms. Amanda Rose***

Ms. Denise stopped by to lead bug art with the group. Focus today was on illustrating a bug of choice on canvas.

**NATURE STORY & PLAY**

***Ms. Natalia***

This week we are reading the Tiny Seed by Eric Carle. We noticed all of the different obstacles that a seed can go through in its life span of blooming into a plant. We are scientists this week using our observation charts to study different types of seeds! Today I brought a loofah plant in for us to feel and dissect. We pondered about how it came to be and how the seeds can spread. The students illustrated what it looked like to them in their chart, and used various tools provided such as a plant microscope, a ruler and also a capsule for us to store our seeds.

## Tuesday, January 29

### YOGA, MINDFULNESS AND MORNING MEETING

*Ms. Lorelei*

*All*

We talked today about which of our safety promises each child feels they are best at and which they have a harder time with. This allows students to get comfortable with self reflection.

### LITERACY

*Ms. Lorelei*

We read *Chicka Chicka Boom Boom* and looked at the shapes of the letters. Students chose literacy choices while I read with groups of students. Then everyone journaled.

### MATH

*Ms. Lorelei*

To continue our ordering of items from smallest to largest, we explored different kinds of worms and cut out worms of different sizes to order. It was tricky to decide for some of the worms that were close in size!

### PBL

*Ms. Lorelei*

We finished our invitations and painted rocks for the garden.

### ART ATELIER

*Ms. Natalia*

Today in Atelier the students did a scavenger hunt to find 5 leaves and two flowers. I wanted them to make leaf prints by first tracing a circle out and then painting the underside of a leaf to make prints. The students pressed down their leaves and made their own design.

### ENTOMOLOGY

*Ms. Amanda Rose*

Today, we discussed HUMMINGBIRDS! Though not an insect, they are still important pollinators! We made “tube flowers” and talked about what colors hummingbirds like. Did you know they cannot smell? The Journey’s kids do!

### NATURE STORY & PLAY

*Ms. Natalia*

In Nature Story and Play we continued reading our story noticing how different seed go through different elements in certain ecosystems and how sometimes this may prove to be an obstacle in the seeds journey. We dissected a pinecone today wondering where the seeds were and found that this seed had an outer protective layer that kept the seed inside very safe. The students used different tools to study and observe the seed and then made illustrations of what the pine cone looked like.

## Wednesday, January 30

### YOGA, MINDFULNESS AND MORNING MEETING

***Ms. Lorelei***

***All***

After the students completed their special jobs, we talked as a class about what behaviors may not be appropriate at school. We talked about how we sometimes wish to hug, high five or touch our friends to show we care, but we need permission before we touch a friend. We're working on it!

### LITERACY

***Ms. Lorelei***

We sang our letter sounds song and learned some new choice activities! The students explored the choices before journaling while I worked with students on different literacy tasks.

### MATH

***Ms. Lorelei***

How many letters are in your name? How can we measure? We decided to measure our names by writing each letter on a letter tile and lined them up to compare. We began to explore how much more than.

### PBL

***Ms. Lorelei***

We discussed all we learned this PBL.

### ART ATELIER

***Ms. Natalia***

Today for Atelier, I had to change plans because my initial project required sunshine. Instead the students continued working on motor skills by folding paper in certain ways and following directions as a group, with students that already had the concepts down helping others. They created an origami boat and then designed it with crayons. They each had a story to tell about their boats.

### ENTOMOLOGY

***Ms. Amanda Rose***

Today, we played a game based on "red light, green light" where Journey's kids could boogie down when a color hummingbirds prefer was displayed and had to stop when a

color they do not see was up. We also continued work on our tube flowers!

### NATURE STORY & PLAY

*Ms. Natalia*

In nature play we continued reading our story and noticed how some animals eat seeds. We continued using our observation charts to describe what a papaya looks like on the outside and what it feels like. The students noticed many tiny black seeds in the center of the papaya and learned that sometimes wasps lay their eggs inside and when they do the seeds turn white indicating larvae.

Thursday, January 31

YOGA, MINDFULNESS AND MORNING MEETING

*Ms. Lorelei*

*All*

The students completed their morning roles independently and we practiced a flow using “I Am Yoga!”

LITERACY

*Ms. Lorelei*

We read *Chicka Chicka Boom Boom* a second time, as requested! Next, we sang our song with movements to represent different animals for each letter of the alphabet. Combining movement and music to the sounds of the alphabet help commit the sounds to memory. Students explored different literacy choices while I worked with small groups and then journaled.

MATH

*Ms. Lorelei*

We explored math choice centers while I assessed individual students and small groups.

PLANT BASED COOKING

*Ms. Bridget*

We created non-GMO organic gluten-free soy free nut free donuts. The kids loved it! We use the mini donut maker to create it and we mix together almond milk, coconut milk, oatmeal ground up, cinnamon, vanilla, baking powder, and Chia seeds. The students thoroughly enjoyed story in the ingredients and learning about kitchen safety. We talked about boundaries in the kitchen especially when using hot appliances. We build a wall around the donut maker and then respected the wall because we knew that it would keep us safe. We ended up serving the donuts to the teachers that were in the Highland house and they also were happy to enjoy the donuts. This was a great lesson about creating delicious, nutritious food and then serving it to others.

ART ATELIER

*Ms. Natalia*

Today in Atelier the students did a building project and were paired up with a partner. Some of our students already knew how to tie knots so I had them pair with a student that did not. Our objective today was to make a stick sculpture by tying together different pieces of bamboo sticks together with string. The students worked together and gave each other tips and ideas as to

how they would like the sculpture to look.

### CAPOEIRA

*Ms. Jessica*

### GARDENING

*Ms. Mikael*

Today we planted seeds like lettuce and spinach around a hole where Chase and Maddox have been digging for treasure. We watered our letter garden as well as all of the plants we planted last week, like the aloe, beans, and cuban oregano. We talk about how sustainable gardeners dig holes all the time called 'swales', these can help us collect water for our plants. Then we performed a demonstration by pouring water and watching it collect.

### NATURE STORY & PLAY

*Ms. Natalia*

In Nature Story and Play we completed our story of a tiny seeds journey on becoming a plant. The students learned that the cycle goes on over and over again with each seed becoming a full plant and then releasing seeds of their own. The students went on a scavenger hunt to find 5 different types of seeds in our backyard. Once they found them they put it in their own seed pouches and made illustrations as to what they found, if they could eat it, plant it or perhaps if another animal can eat it. They also let out some energy by the end of the day by making up their own game to play in which they were all seeds that needed to be rained on in order to continue moving. We are still checking out what is in our schools trash bin and noting what can be recycled and what cannot be recycled.

## Friday, February 1

### YOGA, MINDFULNESS AND MORNING MEETING

***Ms. Lorelei***

***All***

The students led their morning jobs and we selected instruments to play as we shared our celebrations from the week!

### LITERACY

***Ms. Lorelei***

We read a poem and looked for specific letters. Then the students selected literacy choice centers while some students read to me and practiced ordering words in a sentence and other students practiced their phonological awareness. Then the students wrote in their journals.

### MATH

***Ms. Lorelei***

We again explored math centers while I worked with individuals.

### PLANT BASED COOKING

***Ms. Bridget***

Today we made organic nachos. We used a mini slow cooker to heat up the beans and flavor them with yummy seasonings. We used salt, a little cayenne, ground black pepper, and also some garlic. We enjoyed the corn tortilla chips that are also non-GMO and organic. We heated up the chips in another slow cooker that was coated in organic coconut oil. This led to an educational discussion about the importance of oil and why we must use oil to allow our food to not stick.

### ART ATELIER

***Ms. Natalia***

**Early Release**

### CAPOEIRA

***Ms. Jessica***

### GARDENING

***Ms. Mikael***

No class early release.

NATURE STORY & PLAY

*Ms. Natalia*

Early Release