



WEEKLY RECAP

NATURE IMMERSION

9/9 - 9/13



MONDAY

Free exploration: Students began the day using water beads as a sensorial experience and later on used them for fishing. We had a student come up with the idea that the rainbow water beads represented rainbow trout. Students worked together to catch the fish and put them back in the water when they were finished. Later on, students used a drain to drain the water and separate the water beads from the water.

Morning meeting: Today we read a story about the water cycle and how water works. We talked about finding water in lakes, rivers, and underground and how it can turn into vapor to go up to create clouds (evaporation). We talked about clouds forming and releasing the water from the clouds to rain and go back to the ground. We talked about how the cycle continued on and doesn't ever stop.

Atelier: Today students were introduced to a mallet and screws. Students had the opportunity to explore screws however they liked, most chose to add them to clay and playdough. Students focused on building houses and robots today.

Goodbye circle: Today we read a story about different feelings and how we handle them throughout each day. Some days we can feel silly, grumpy, frustrated, happy, excited, confused, and anxious. We talked about how we felt today and noticed acts of helpfulness we saw in ur playspace.

Lunch & Mindfulness: Today students read Frog Yogi and we did yoga poses in North America. Frog Yogi is a story about a frog who travels the world and does yoga. We did a lizard pose, airplane pose, bear pose, snake pose, and a frog pose.

TUESDAY

Free exploration: Today students explored the PVC pipes at the water table. We noticed students who have an interest in water and movement, we were happy to combine them! Students poured water into the PVC pipes and guessed which hole the water would come out of. Students used funnels, cups, and droppers to transfer water. Students got creative by turning water into lava and creating a flow of lava on the ground. Students worked together to put dirt, rocks, and sticks in the lava to stop it from reaching them. We talked about how the lava is really hot and would burn if we touched it.

Morning meeting: Today we read a story about the leaves changing colors. One of the goals for our Tuesday/Thursday group is to practice attending to story time and listening to other people when they are speaking. With our relatively younger class, they all want to speak and share at the same time, even during the story!

Goodbye circle: Today for goodbye circle we read a story about weather. We talked about different climates and how we live in a tropical climate. Students had the opportunity to talk about what the hurricane looked like for them and we talked about the warm weather we feel.

Lunch & Mindfulness: Today students traveled to Antarctica with Frog Yogi to explore the Arctic Climate. Students packed their suitcase, got on an airplane, and flew to the cold climate! Along with our travel poses, we also pretended to be a penguin, iceberg, seal, and whale.

WEDNESDAY

Free exploration: Our students got creative today with big loose parts in our playspace. We used the PVC pipes to transfer water to different buckets. Students found a really large pipe and pointed it to the ground to transfer water that way! We had some students who played with sand for their sensory experience. We had other friends who used large pieces of wooden floor board to build roads, ramps, and bridges. We rolled blocks down the ramps and used them as cars.

Morning meeting: Today we read a story about bees and checked out our Crate Myrtle tree to notice the bees ate all of the pollen from the tree that we observed a few weeks ago.

Atelier: Students used a mallet or wooden hammer to smash playdough and materials into the playdough. Students noticed the mallet was heavy but managed to control it at the table. We had students make playdough islands, rockets, and lollipops made out of styrofoam and wooden sticks.

Goodbye circle: For goodbye circle we talked about acts of helpfulness we saw throughout the day. Some of our friends noticed that their friends used talking voices, other friends thought coming to school and playing with friends was helpful for them.

Lunch & Mindfulness: We played I spy at lunch and noticed the colors in our playspace. Today students read goodnight yoga and did resting poses before naptime.

THURSDAY

Free exploration: Today for free exploration students continued playing with the PVC pipes, we tried to make them dinosaur legs! We also made a river, river bed, and boat with sand, rocks, and water.

Morning meeting: We read a story about manners at the table. Students raised their hands when they thought they used those manners at the table and talked about the skills they could work on.

Atelier: Today some of our students decorated and painted their nature journals. We made nature journals out of paper bags and paper! Other students worked on play dough, people, and the hammer to build houses and the school family.

Goodbye circle: Today we played longer than usual and did not have time for a story. We finished our half day talking about acts of helpfulness we noticed.

Lunch & Mindfulness: Today we put our manners to the test at snack and lunch time. We talked about things we could and couldn't do at the table (Can talk, make jokes, using talking voice. Shouldn't stand on the table, yell, or use potty words).

FRIDAY

Free exploration: Today students observed the chrysalises under our porch and noticed the caterpillar's made their own shells. Students spent free exploration manipulating tools, playing at the water table, and having a dance party!

Morning meeting: Today for morning meeting we read about the life cycle of the butterfly. We talked about how the butterfly starts out as an egg, grows into a caterpillar, forms a chrysalis, and turns into a butterfly. We learned the process is called metamorphosis. Students compared

Atelier: Today for Atelier students collected leaves and used them for many different purposes. Students glued leaves to paper for leaf art, cut out holes for leaf monsters, and hole punched leaves to string them on sticks.

Goodbye circle: Our friends said goodbye with reading another story about butterflies. This story was about the bugs celebrating when the butterflies come out of the chrysalis.

Lunch & Mindfulness: Today we came up with our own yoga story with yoga poses. We talked about being a cat and a cow, who turned into a dog. The dog walked and then turned into a frog! We used familiar yoga poses to make the story, the frog jump so high he touched the sky and landed on the moon. We did our favorites cat/cow pose and downward dog.