



WEEKLY RECAP

NATURE IMMERSION
SUMMER EXTENSION

WEEK 3

7/22/19-7/26/19



MONDAY

This week we explored proprioception by noticing how our body moves. We acted out what our body looks like when we are happy, sad, excited, scared, and angry. We read a story called when Sophie Gets Angry, Really Really Angry. We observed how Sophie's body looked when she was angry, how she ran and ran to a safe place in nature to calm her body. We noticed things we could do in nature when we were feeling angry and how we could use nature to help us calm our bodies. Students used balance beams to practice controlling their bodies and running games to show how fast they can move! Students also noticed they could use the wooden spools as cars and moved them throughout our playspace.

TUESDAY

Today we recalled how Sophie handled angry and read the story again for our Tuesday friends to show them how Sophie calmed her body. Students had the opportunity to explore what their body looked like when they were feeling emotions. They also showed what their body looked like when they were jumping, running, walking, and climbing.

WEDNESDAY

Today we read a story called Lubna and Pebble. Lubna, a character in the story, had a rock as her best friend. We found rocks, sticks, and shells in our playspace that we could make as our friends. We talked about the faces we wanted the natural materials to have, most kiddos choose to make a happy rock! During the individual provocations students have shown great interest in puzzles and orderly activity.

THURSDAY

Today the children had the opportunity to paint and color outside with crayons and brushes. Due to the many changes that we are having in our school house , the children have been shown great interest in helping around the house and independently take care of our plants, return toys to their original space.

FRIDAY

On Friday , the children had a blast with a waterbead bin. The children explored the colors by separating them by color. They used the beads for transferring from one container to another. Meanwhile , some students explored the outside water containers , water our plants and explored nature in our space. During our individual provocations time , children were able to use puzzles and explore the language around the room. Ms. Solange and Ms. Sydney prepared opportunities for children to paint tree trunks and it was an incredible experience for the children..