




Nature Immersion

Weekly Recap

Week of:	July 16–20, 2018
Quote of the	Let Nature be your teacher. –William Wordsworth
Conscious Commitment 	This week I commit to taking a deep breath when I am upset, and switch my focus from what I don't want to what I do want children to do. I will tell children what I want them to do and why. My "why" will be related to safety.
Birthdays 	<u>Happy Birthday to July School Family Members!</u> July 1– Cormac July 1–Emerson July 8 – Violet
NI News 	Lots of changes to our backyard! We are always improving our nature space to meet our needs and spark our imaginations.
The More You KNow...	August 8th at 6:30 p.m. will be Back to School Night for Nature Immersion! Come learn about the program and all we will do in the next school year! We will be hosting a Nature Play Popup at EGAD's First Friday, August 3rd, from 6-8pm. Come out for free family activities and play at the community garden!
NI	This week we took special notice of two things: the space around us and the people of which we share it--which includes ourselves! The books we explored this week were either using about using nature to create art or Conscious Discipline children's stories to remind us how to be a STAR and treat others around us with kindness and respect, so that we all feel safe and loved in our space.

For the first half of the week, the children were challenged to find resources in the backyard that could be used as paint brushes. We investigated paintbrushes and talked about the parts we saw. Once the children discovered that a paintbrush handle resembled a stick, they went on an extensive stick hunt. We ended up with many more sticks than we could ever use! Then we moved onto a nature substitute for bristles. There were many materials to choose from, but the children settled on leaves attached by rubber bands. With our newly created paintbrushes, the children got to work using their new art tools.

With our renewed Conscious Discipline focus, we challenged students to remember to be STARS when upset or frustrated. We are so proud of how the children, with gentle reminders, were willing to take deep breaths to defuse situations.

We Care
Center



IT'S A GOOD DAY TO
TAKE CARE OF YOURSELF
(SO IS EVERY OTHER DAY).

