







# Nature Immersion Weekly Recap

Week of:	<b>January 29–Feb. 2, 2018</b>
Quote of the Week	"The way we talk to our children becomes their inner voice." – Peggy O'Mara
Conscious Commitment 	Making a commitment activates the prefrontal lobes, produces serotonin and promotes mindful attention. Making a daily commitment reaps all these benefits and more. What will you commit to today?
Wish Wells 	We send our heartfelt well wishes to Ms. Keri-Anne this week who was feeling under the weather.
Celebration 	We had 7 hearts on our kindness tree this week!! That's 7 acts of kindness that were noticed!
Birthdays 	<b><u>Happy Birthday to February School Family Members!</u></b> Caden 2/8 Felicity 2/19 Poppy 2/28
You did it! 	Overheard on the playground at the swing: V: Will you keep me safe? I: Yes. I will keep you safe. Q: I will keep you safe too. R: And me too!
NI News 	Nature Immersion is in need of a Parent Coordinator who can help with parent volunteers. Thank you to the families who ordered Scholastic books. The books are on the way! Orders are placed monthly.
The More You Know...	Find more info on loose parts here: <a href="http://www.reflective-perspectives.com/inspirations/2016/4/19/top-10-loose-parts">http://www.reflective-perspectives.com/inspirations/2016/4/19/top-10-loose-parts</a>
NI Recap	This week we officially welcomed the Feeling Buddies into our school family. Find out more about them <a href="#">here</a> . We added some whiteboards in the classroom. This has opened the door for new writing opportunities and magnet play. The older preschoolers now have a place to sign in and practice writing their names.

	We have noticed the children playing with the loose parts in new and exciting ways. A bucket and shovels became a cookie making machine, a bamboo stick in a log with a tire became a bomb launcher and there were lots of robots built this week in the block area.